

## Student of the Month High School Kyrill Basov, Grade 9

By Lourin De Kock

### What's your favorite part of our school?

Some certain subjects, seeing some people.

### Yeah?

Like biology- the teacher explains it so nicely, trying her best to make it enjoyable with labs and with projects.

### Do you like the biology projects?

I mean yeah she's trying to get us to socialise by mixing up the groups so everyone gets a chance to work with everyone else and that's good. I like that.

### Alright let me rephrase- what do you enjoy about school?

The Field trips- some of them- mostly non educational.

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## Traditional Vasilopita Pie Cutting Event

By Olivia Nilsen

This year all the elementary, middle and high school students participated in the traditional Vasilopita pie cutting event.

The Vasilopita is one of the main Greek traditions around New Year's and Christmas. Vasilopita is directly translated as "sweet bread of Basil" but is often baked as a cake. When baked, a coin is dropped in the batter just before it is put into the oven. Sweet flavoring is added to the Vasilopita to symbolize the eternal sweetness and joy of life, as well as the hope of a sweet and prosperous year filled with good health, liberty, and happiness for all who participate in the tradition.

The tradition takes place on New Year's Day when the senior member of the family cuts the cake into pieces, one for each member. The individual, who finds the coin in their piece, will be considered blessed for the year.

The tradition originated in the fourth century when Saint Basil the Great, a Bishop, wanted to help poorer people in his diocese. He recruited women to bake bread, and put gold coins in with the ingredients. These cakes would be distributed to families in need. This way he would help them while preserving their dignity.

The tradition is celebrated through all of January and is often done multiple times with friends and family. The Vasilopita is a beautiful tradition and a wonderful way to start the new year.

This year, Leo Gartzke from elementary school and Orlando Hales from middle/high school were the lucky ones who received a coin in their pie. They each received a 40 euro gift card to Publix.

**Join the Friday Fun!**

**Theater  
Robotic Club  
Chess Club**

**Cretan Dance  
Art Club  
Jewelry Club**

**Staff of the Month**

**Mrs. Nektaria**

By Noah Gigris

**First off, how are you doing so far?**

I'm doing very well, thank you!

**Why did you choose this profession as a school nurse?**

I chose this job because I love children very much, they warm my heart!

**Prior to this job, where were you?**

I used to work at a hotel canteen, a rehabilitation center, and as a psychiatrist!

**What is your favorite movie?**My

favorite movie is called The Blue Lake

**Thank you for your time!**

Have a good day



**Elementary School**

**Student of the Month**

**Anaya Green, 6th Grade**

By Maximus Hales

**Who do you look up to?** God, Jesus,

**What is your favorite movie\ tv series?**

Mean girls

**What do you want to be when you grow up?**

A Dermatologist

**What is your favorite food?**

Gyros

**What is your favorite subject?**

Physical Education - PE

**What is your hobby?**

Gymnastics



**Martin Luther King Jr. Day**

By Monika Gartzke



Photo credit: CNN Life of Martin Luther King Jr. Photos

On January 12, we honored Martin Luther King Jr. by watching a 45 minute video about his life.

On January 15, our school was closed to observe Martin Luther King Jr. Day. We learned that the acclaimed American civil rights activist and Baptist clergyman, Dr. Martin Luther King Jr., was born in Atlanta, Georgia, on January 15, 1929. In the 1950s and 1960s, he was a key figure in the American civil rights movement. King is most recognized for his unwavering efforts to enhance African Americans' civil rights and his support of peaceful resistance to racial segregation. He coordinated a number of significant campaigns, including the March on Washington and the Montgomery Bus Boycott.

In 1963, he gave his iconic "I Have a Dream" speech, which outlined a vision of racial harmony and equality: "Now is the time to make justice a reality for all of God's children." To this day, it is still regarded as one of the finest and most influential speeches in American history. The Voting Rights Act of 1965 and the Civil Rights Act of 1964 were two important pieces of civil rights legislation that were passed as a result of MLK's leadership and dedication to justice. Even after his sudden and tragic death on April 4, 1968, Martin Luther King Jr. continues to stand as a testament to the struggle for social justice and racial rights in the United States.



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**If you had to introduce something to school what would it be?**

oh yeah definitely football after school.

**If you had to describe the school in one sentence or three emojis what would it be?**

“Interesting and a different life experience” and emojis? First a little bit shocked but not like freaking out 😱, then the muted face 🤐 and the wind 🌪️.

**If you had to teach one class at school what would it be?**

I think...ah maybe history.

**What would you teach us about in history?**

Not medieval times but like-after. Like new times. The 16th-20th centuries because I know a lot about the world wars and enjoy that.

**What’s been your favorite field trip so far?**

I liked going to Agios Apostolis. The beach where we played volleyball.

**What would you advise someone new to the school?**

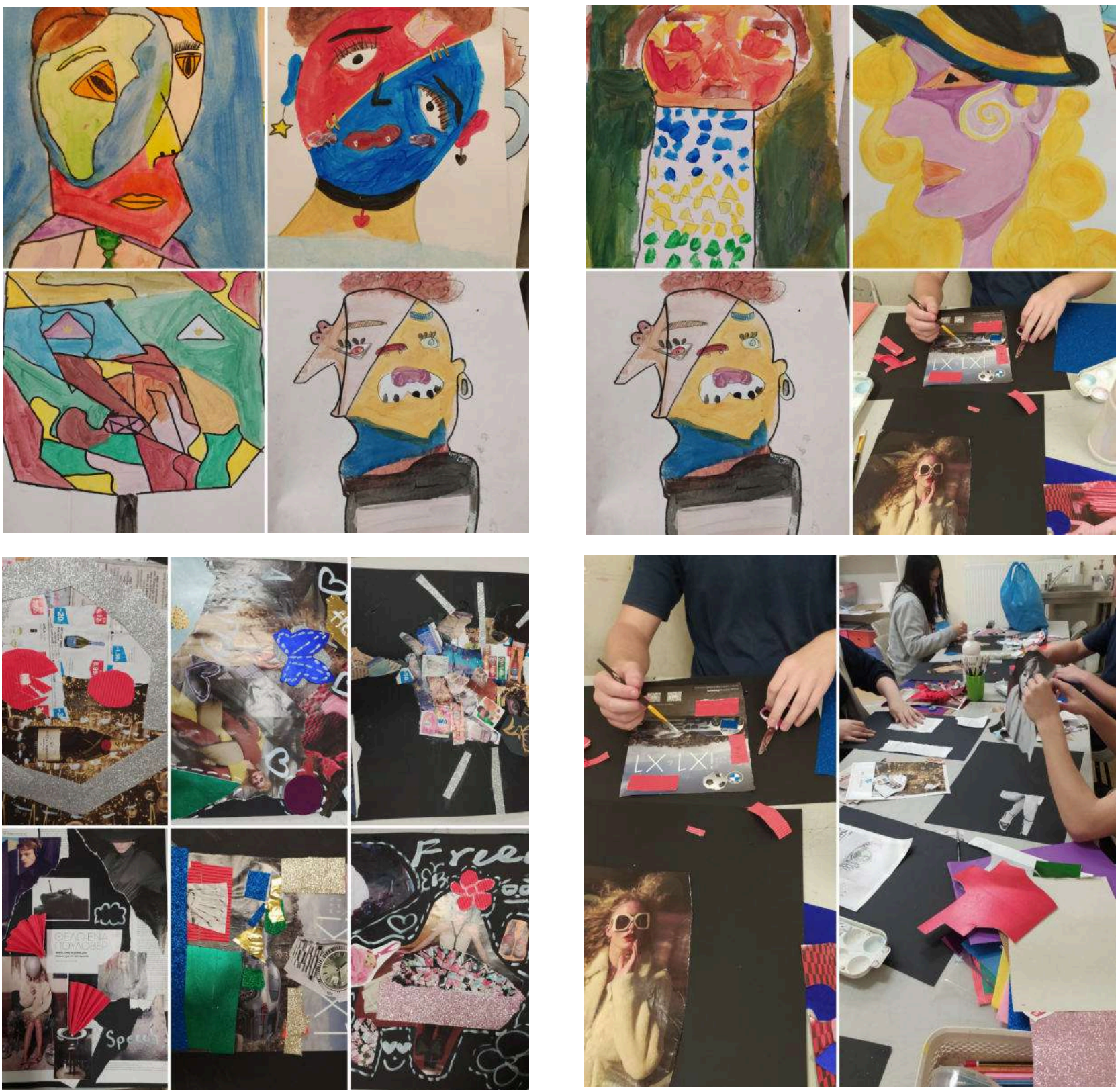
Take it easy. Don’t overthink. Stick to your plan.

## Art Corner

The 9th grade class in art class this month made portraits inspired by Pablo Picasso.

They met surrealism and cubism movement.

They created collages and cubist portraits.



### Letter to the editor

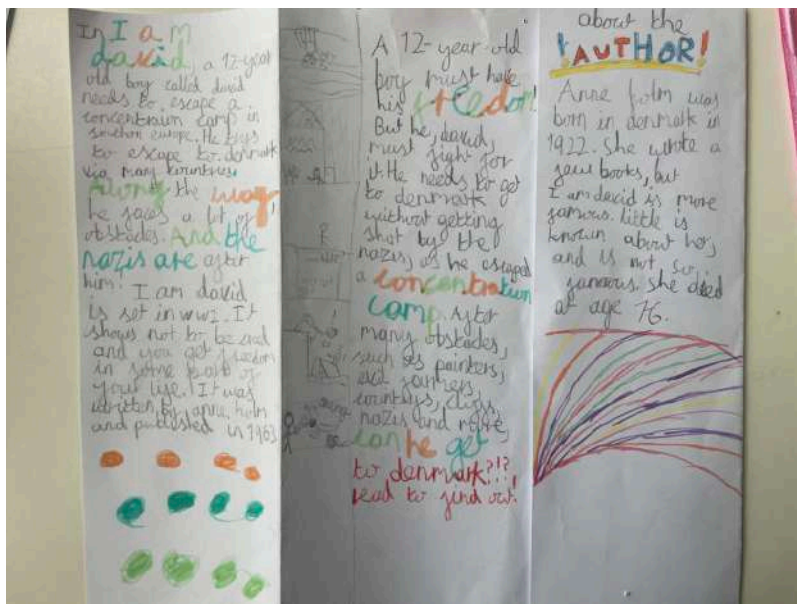
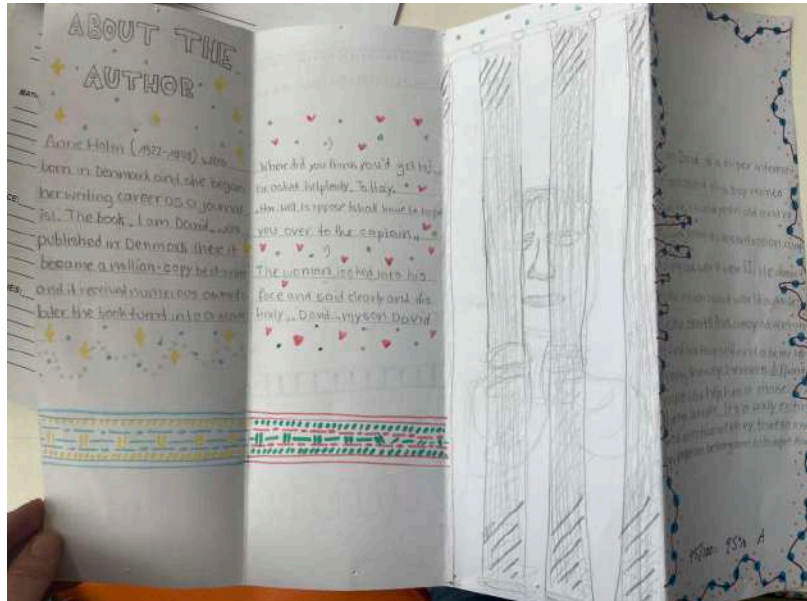
If you have any comments send an email to [kostopoulos@zita.gr](mailto:kostopoulos@zita.gr)



# Writing Corner

By Maximus Hales

The 7th graders did a project in English about a book called "I am David." They had to make a book jacket for the book. *I am David* is about a boy called David in a concentration camp. David doesn't like it therefore he tries to escape to Denmark to live in freedom, while not getting chased by the Nazis.



# Science Corner

**9th Grade Biology Laboratory.** They did a 5 day experiment to learn about how substances travel across a plasma membrane in hypotonic and hypertonic solutions. They used a raw egg and recorded the weight, height, length, and observations in changes of the egg after sitting in different solutions over 5 days.



**10th Grade Physics Laboratory.** They did a laboratory with a spring scale and a fixed weight attached to relate how centripetal acceleration is related to velocity and the radius.



**7th and 8th Grade Laboratory.** Both classes learned how atoms are rearranged in a chemical reaction by making slime, a semi-liquid from liquids and a solid. 8th Grade also spent the week practicing Morse Code by sending and receiving light signals.





# ELEMENTARY EDITION

On January 17th, the Elementary side went on a field trip where they got to make things out of clay.

**By Vicky Isabel Barney**



All the international side baked Christmas cookies before winter break.

**By Vicky Isabel Barney**



On January 30th, all of the international cut a vasilopita (a Greek New Years cake). Everyone got a piece of cake and Leo won the coin.

**By Vicky Isabel Barney**





# ELEMENTARY EDITION



5th and 6th graders made Papyrus paper in art after learning about ancient Egypt in Social Studies.

Artwork done by international students after learning about surrealism and Salvador Dali.

By Vicky Isabel Barney



For Martin Luther King Jr. Day on January 15th, all of the elementary school watched a video and drew pictures of him and wrote their own "I have a dream" speech.

By Eleanna Manolessakis



**Left:** 6th graders doing a project in science. 5th graders are doing it on the four spheres of the Earth and 6th graders are doing it on how they can protect and save the environment.

**Right:** Everyone brought a snack in to enjoy a Christmas party before winter break.

By Eleanna Manolessakis



Mrs. Helen's class shared posters about national parks in the United States for Social Studies.

By Eleanna Manolessakis